Star (Wrist)

Star (Elbow)

Star (Shoulder)

Wrap & Slap

Head Wrap & Chin Pull

Snake Wrap

Walk Around Take Down

Wrist throw

Shoulder Throw

Hip Throw

Knee Sweep

Elbow Break Throw

Dragon Tail Hands

Cross Over Path

Throw Against Knife Hand

Figure Four

Back Stroke Throw

Pull Belt & Push Head

Handshake

Elbow Manipulation

Elbow Pressure and Throw

Wrist Lock

Oblique Headwrap & Throw

Roll the Kick

Tackle the Knee

Parry and Sweep

Bind Front Kick & Step Kick

Jam Back Kick and Sweep

Bind & Tackle Front Kick

Slip, Bind, & Tackle Roundhouse